

PERSONAL INNOVATION ROADMAP

Get unstuck and make a bigger impact in your work and life!

Diverse inputs and stimuli

Your brain needs a variety of inputs to develop innovative ideas and solutions. Adjust your information diet to feed it top quality stimuli - reading, podcasts, experiences, conversations and more.

Tools: Google Alerts, newsreaders, books, podcasts, training



Personal knowledge base

Build a "second brain" - a digital note-taking system where you can capture all your ideas, inspirations, writing and the best of the know-ledge and insights that matter to you and remix it into amazing new creations.

Tools: Evernote, Notion, Roam Research, Obsidian, Building a Second Brain course



Networking/ collaboration

You can't go it alone. Surround yourself with the most amazing thinkers, entrepreneurs, and visionaries you can. Join a mastermind to share and nurture your Big Ideas.

Tools: Visual sticky note-based collaboration tools, LinkedIn groups



Creative problem solving

Immerse yourself in creative problem-solving tools and techniques. They'll help you create a wider variety of new ideas and will help you uncover astounding insights!

Tools: Brainstorming tools, brainstorming apps, ideation books (e.g., Thinkertoys)

Visual thinking

Exploring your thinking visually - using mind mapping, diagramming, sketching and other visual techniques - is one of the most powerful ways to become an unstoppable personal innovator!

Tools: Mind mapping, concept mapping, diagramming, sketching

Expand your personal innovation capacity and accelerate your career

Join Chuck Frey's Catalyst community today. You'll receive biweekly insights and strategies to help you elevate your thinking, amplify your success and make a bigger impact!

MASTER CHANGE - JOIN US NOW!

